

Ergebnisse Olympischer Triathlon 2009 - Frauen

1000m Schwimmen - 40 km Radfahren - 10 km Laufen

TRIATHLONFESTIVAL /// RHEINHESSEN

30.08.2009

20 Jahre Triathlon RV Wörstadt

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| Platz 1 | Mareike Kessler | (Jg: 1978) | (Start-Nr: 80) | Endzeit: 02:20:33 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 09:00:00 09:18:15 | | 09:20:00 10:00:30 10:34:32 | | 10:35:17 11:20:33 |
| 00:18:15 | 1. Wechsel 00:01:45 | 01:14:32 | 2. Wechsel 00:00:45 | 00:45:16 |
| 3,29 km/h | | 32,20 km/h | | 13,25 km/h |
| Platz 2 | Sonja Lehnert | (Jg: 1981) | (Start-Nr: 59) | Endzeit: 02:25:18 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 08:30:00 08:49:50 | | 08:51:07 09:33:28 10:09:20 | | 10:10:03 10:55:18 |
| 00:19:50 | 1. Wechsel 00:01:17 | 01:18:13 | 2. Wechsel 00:00:43 | 00:45:15 |
| 3,03 km/h | | 30,68 km/h | | 13,26 km/h |
| Platz 3 | Andrea Adami | (Jg: 1958) | (Start-Nr: 32) | Endzeit: 02:31:54 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 07:30:00 07:52:14 | | 07:54:32 08:35:28 09:10:48 | | 09:11:48 10:01:54 |
| 00:22:14 | 1. Wechsel 00:02:18 | 01:16:16 | 2. Wechsel 00:01:00 | 00:50:06 |
| 2,70 km/h | | 31,47 km/h | | 11,98 km/h |
| Platz 4 | Gina Heiss | (Jg: 1987) | (Start-Nr: 27) | Endzeit: 02:34:07 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 07:30:00 07:49:26 | | 07:51:04 08:32:42 09:09:00 | | 09:09:50 10:04:07 |
| 00:19:26 | 1. Wechsel 00:01:38 | 01:17:56 | 2. Wechsel 00:00:50 | 00:54:17 |
| 3,09 km/h | | 30,80 km/h | | 11,05 km/h |
| Platz 5 | Simone Franzreb | (Jg: 1972) | (Start-Nr: 84) | Endzeit: 02:39:13 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 09:00:00 09:21:28 | | 09:23:04 10:10:08 10:48:14 | | 10:48:42 11:39:13 |
| 00:21:28 | 1. Wechsel 00:01:36 | 01:25:10 | 2. Wechsel 00:00:28 | 00:50:31 |
| 2,80 km/h | | 28,18 km/h | | 11,88 km/h |
| Platz 6 | Martina Wesolowski | (Jg: 1966) | (Start-Nr: 89) | Endzeit: 02:45:23 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 09:00:00 09:25:14 | | 09:27:17 10:12:54 10:51:08 | | 10:52:08 11:45:23 |
| 00:25:14 | 1. Wechsel 00:02:03 | 01:23:51 | 2. Wechsel 00:01:00 | 00:53:15 |
| 2,38 km/h | | 28,62 km/h | | 11,27 km/h |
| Platz 7 | Silke Borst | (Jg: 1971) | (Start-Nr: 7) | Endzeit: 02:45:24 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 07:00:00 07:21:10 | | 07:23:26 08:09:33 08:48:46 | | 08:50:00 09:45:24 |
| 00:21:10 | 1. Wechsel 00:02:16 | 01:25:20 | 2. Wechsel 00:01:14 | 00:55:24 |
| 2,83 km/h | | 28,13 km/h | | 10,83 km/h |
| Platz 8 | Ursula Kranz | (Jg: 1966) | (Start-Nr: 53) | Endzeit: 02:50:20 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 08:00:00 08:26:10 | | 08:29:15 09:16:29 09:56:14 | | 09:57:09 10:50:20 |
| 00:26:10 | 1. Wechsel 00:03:05 | 01:26:59 | 2. Wechsel 00:00:55 | 00:53:11 |
| 2,29 km/h | | 27,59 km/h | | 11,28 km/h |
| Platz 9 | Iris Heiß | (Jg: 1967) | (Start-Nr: 24) | Endzeit: 02:51:28 |
| Schwimmen: | | Radfahren: | | Laufen: |
| 07:30:00 07:59:26 | | 08:02:03 08:49:12 09:28:27 | | 09:29:21 10:21:28 |
| 00:29:26 | 1. Wechsel 00:02:37 | 01:26:24 | 2. Wechsel 00:00:54 | 00:52:07 |
| 2,04 km/h | | 27,78 km/h | | 11,51 km/h |

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| Platz 10 Birgit Schmidt | (Jg: 1956) | (Start-Nr: 22) | Endzeit: 02:52:19 |
| Schwimmen: | Radfahren: | | Laufen: |
| 07:30:00 07:54:51 | 07:56:37 08:44:25 09:23:08 | | 09:24:20 10:22:19 |
| 00:24:51 | 01:26:31 | | 00:57:59 |
| 2,41 km/h | 27,74 km/h | | 10,35 km/h |
| 1. Wechsel 00:01:46 | 2. Wechsel 00:01:12 | | |

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| Platz 11 Patricia Deussen | (Jg: 1955) | (Start-Nr: 71) | Endzeit: 02:54:10 |
| Schwimmen: | Radfahren: | | Laufen: |
| 08:30:00 08:55:46 | 08:59:11 09:46:47 10:25:46 | | 10:27:04 11:24:10 |
| 00:25:46 | 01:26:35 | | 00:57:06 |
| 2,33 km/h | 27,72 km/h | | 10,51 km/h |
| 1. Wechsel 00:03:25 | 2. Wechsel 00:01:18 | | |

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| Platz 12 Manuela Correc | (Jg: 1969) | (Start-Nr: 9) | Endzeit: 02:58:26 |
| Schwimmen: | Radfahren: | | Laufen: |
| 07:00:00 07:19:48 | 07:22:16 08:10:27 08:52:00 | | 08:52:50 09:58:26 |
| 00:19:48 | 01:29:44 | | 01:05:36 |
| 3,03 km/h | 26,75 km/h | | 9,15 km/h |
| 1. Wechsel 00:02:28 | 2. Wechsel 00:00:50 | | |